

Hiking Tips

- Never hike alone!
- Know your route.
- Inform others of your route and your return time.
- Check weather forecast.
- Bring plenty of water and a snack.
- Wear sturdy shoes, protect your feet!
- Cellular phones work in most areas. Take yours along!
- If you get lost...Don't PANIC. Be patient and stay where you are. Until help arrives.



Trail Map

The Confluence Resort
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<http://www.confluenceresort.com>

2009

Trail Map



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RESORT

304-573-4900

Confluence Resort

